



Jan Hamilton Founder, Mercy Minds

Our family first got involved with a Christ centered nonprofit organization that works with the urban poor, Neighborhood Ministries, in 2000. Over the years, we learned about the tremendous poverty and

challenges that face thousands of people in metropolitan Phoenix. As a Psychiatric Nurse Practitioner, my career focus and passion is that people will have access to mental health services as part of their journey in becoming whole. Mercy Minds was born out of that desire to offer access to the under-served and provide services to help remove the devastating burdens of shame, repetitive violence, drug addiction and untreated illnesses that can perpetrate continuing cycles of poverty.

Jan Hamilton, PMHNP
Psychiatric Nurse Practitioner
Owner, Doorways, LLC



How Can You Help Mercy Minds?

- Volunteer a minimum of two hours a month to meet individually with a client in need of counseling or psychiatric services.
- Lead a weekly process or psycho-educational group for men or women in issues such as grief, substance abuse, domestic violence, or trauma recovery.
- Tell your colleagues about Mercy Minds and how they might help.

Contact Us At:
mercy mindsjan@gmail.com



MERCY MINDS

MENTAL HEALTH SERVICES FOR THE UNDER-SERVED



Although the world is full of suffering,
it is also full of the overcoming of it.

—*Helen Keller*



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Mercy Minds is an alliance of mental health professionals committed to offering Christ centered behavioral health services to individuals and families. Mercy Minds provides resources and compassionate care in order to facilitate wholeness and emotional health to the under-served in our community.

Arizona Mental Health Services — Stats and Facts

- 1 in 4 Arizonans has a diagnosable mental health disorder.
- From 2009-2011, state behavioral health funding has been cut by \$62 million
- Adult and child mental health services have been cut to those in extreme poverty (Source:Magellan)
- “Lack of access to mental health services continues to be the most serious problem in the Hispanic/Latino community....(www.healthyminds.org)
- 19% of Arizonans (more than 1.2 million) lived below the federal poverty level in 2010. (Az. Republic-Sept. 14, 2011)
- Diverse communities have more barriers to seeking treatment due to cultural differences, stigma associated with mental illness, language, lack of information and no health insurance (www.azahcccs.gov)



“My involvement with Mercy Minds has been a real blessing in my own life. I have felt inspired by several clients’ courage and resilience in facing their personal issues and very challenging life circumstances”

—Kim Umble, LCSW

